

# Introduction to Premiere Pro

## Training course outline

Premiere Pro is the industry-leading software for digital video editing.

*Introduction to Premiere Pro* provides a thorough grounding in the application.

You'll learn key techniques for editing digital video and adding stunning effects.



### Course summary

Covers Premiere Pro's key features and tools in for digital video editing and post-production. Sessions cover:

- Importing media assets.
- Editing video and refining.
- Adding effects and transitions.
- Audio.
- Multicam editing.

For the full course syllabus, see over.

Throughout the course, you're introduced to the theory and principles behind video editing, and the terminology used in the digital video industry.

### Duration

Two days.

### Who should attend?

Newcomers to Premiere Pro and novice Premiere Pro users.

### In-class or live online

You can attend in-person at our centres, or participate live online from your place of work or home.

To read about our approach to online training, see [armada.co.uk/liveonline](https://armada.co.uk/liveonline).

### General information

Courses are hosted by highly experienced instructors with vast experience of using the application professionally.

Whilst attending training at our centres, you'll have the use of a computer running licensed Adobe Creative Cloud software to practice the techniques taught. You can choose to use a Windows computer or Mac.

Refreshments and lunch are provided.

Course fees can be paid by card or bank transfer. We accept purchase orders from UK-registered companies and public sector organisations.

### Course materials and certificate

You'll receive:

- A comprehensive training guide and practice files.
- An e-certificate (PDF) confirming successful course completion.

### Method of delivery

Training is designed for the busy professional, being short and intensive and combining lecture and demonstration. Practical exercises carried out under guidance help you learn the techniques taught.

You have ample opportunity to discuss specific requirements with the trainer.

### After course support

Following training, you're entitled to 30 days' email support from your trainer.

### Further information

See [armada.co.uk/course/pr](https://armada.co.uk/course/pr).

### Course syllabus

See over.

### Follow-on course

*Advanced Premiere Pro* (1 day). See [armada.co.uk/course/advpr](https://armada.co.uk/course/advpr) for details.

# Course syllabus

Topics	Sub-topics
<b>Getting Started with Premiere Pro</b>	<ul style="list-style-type: none"> <li>Overview</li> <li>Opening an existing Project</li> <li>Launching a New Project</li> <li>Touring the Premiere Pro Interface</li> <li>Workspaces</li> <li>Exploring the Toolbar</li> <li>Exploring Preferences</li> <li>Exploring Keyboard Shortcuts</li> </ul>
<b>Importing and Organising Media Assets</b>	<ul style="list-style-type: none"> <li>Getting Started</li> <li>Importing Video and audio files</li> <li>The Media Browser and P2 files</li> <li>Exploring Project panel Icon, List, and Freeform views</li> <li>Customising Project panel content display</li> <li>A note about Conforming</li> <li>Using the Storyboard feature in the Project panel</li> <li>Creating a Storyboard Rough Cut Metadata</li> </ul>
<b>Basic Editing</b>	<ul style="list-style-type: none"> <li>Making Selections</li> <li>Understanding Frame Rates and Resolutions</li> <li>Creating new sequences from presets</li> <li>Creating new sequences automatically</li> <li>Moving clips to the Timeline</li> <li>Moving, trimming and deleting clips on the Timeline</li> <li>Locking and Muting Tracks</li> <li>Understanding Track Headers</li> <li>Understanding Timeline and Clip Markers</li> <li>Understanding and creating Subclips</li> <li>Using the Source monitor</li> <li>Using the Program monitor</li> <li>Editing clips with In and Out points</li> <li>Inserting and overwriting edits</li> <li>Working with Snapping</li> <li>Working with Linked Selection</li> </ul>
<b>Refining the Edit</b>	<ul style="list-style-type: none"> <li>The Toolbar</li> <li>Track Select Forward tool and Track Select Backward tool</li> <li>Ripple and Rolling edits</li> <li>Slip and Slide edits</li> <li>Moving clips in the timeline</li> <li>Lift and Extract</li> <li>Extracting a video frame as an image</li> <li>Nesting Sequences</li> </ul>

Topics	Sub-topics
<b>Adding Effects and Transitions</b>	<ul style="list-style-type: none"> <li>Adding Transitions</li> <li>Jump cuts and using transitions</li> <li>Default transitions</li> <li>Single-ended transitions?</li> <li>Editing transitions</li> <li>Rendering and previews</li> </ul>
<b>Audio Editing</b>	<ul style="list-style-type: none"> <li>Adjusting clip volume</li> <li>Exploring Audio Gain for volume adjustment</li> <li>Extending audio clips – possible?</li> <li>Using Remix tool</li> </ul>
<b>Slow Motion and Fast Motion and Animations</b>	<ul style="list-style-type: none"> <li>Adjusting clip speed</li> <li>Exploring Rate Stretch tool</li> <li>Exploring Speed/Duration technique</li> <li>Creating super smooth Slow Motion effect</li> <li>Speeding up clips</li> <li>Animating objects</li> <li>Keyframing clips</li> </ul>
<b>Additional Editing Techniques and Titling</b>	<ul style="list-style-type: none"> <li>Replacing clips on the Timeline</li> <li>Adding text based titles</li> <li>Customising text based titles</li> <li>Creating lower thirds and animating them</li> <li>Adding graphics/shapes to your titles</li> <li>Creating rolling/crawling titles</li> </ul>
<b>Multicam Editing</b>	<ul style="list-style-type: none"> <li>Creating a multicam sequence</li> <li>Synchronising multicam clips</li> <li>Selecting cameras to use in a multicam sequence</li> </ul>
<b>Exporting</b>	<ul style="list-style-type: none"> <li>Exploring different video formats</li> <li>Exporting single frames</li> <li>Exporting audio</li> <li>Exporting to web-ready video</li> <li>Exporting directly from Premiere Pro</li> <li>Exporting with the Adobe Media Encoder</li> <li>Cross-platform export options</li> </ul>
<b>Project Management</b>	<ul style="list-style-type: none"> <li>Copying projects to a new location</li> <li>Offline media</li> </ul>